

## NIBBLES

### MARINATED MIXED OLIVES 4.75

### BREAD AND OLIVES 6.75

Olives, selection of home made breads served with olive oil and balsamic vinegar mix.

### AGLIO(v) 5.55

Flat bread with garlic oil and rosemary.

### AGLIO WITH CHEESE 6.25

Flat bread with mozzarella, garlic oil and rosemary.

### PESTO(v) 5.95

Flat bread with tomato sauce and home made basil pesto.

## ANTIPASTI

### CALAMARI 8.65

Breadcrumbs squid rings served with mixed leaf salad, chilli glaze, garlic mayonnaise and fresh lemon.

### TRICOLORE(v) 6.75

Buffalo mozzarella, vine ripened tomatoes and avocado, basil and extra virgin olive oil.

### INSALATA SPINACH 6.95

Crispy pancetta and parmesan on fresh spinach leaves, avocado, and semi-dried sicilian tomatoes drizzled with a honey and mustard dressing.

### GAMBERONI 9.45

Sauteed king prawns with garlic, white wine, chilli butter and parsley served with home made garlic brushed ciabatta bread

### ANTIPASTO 8.95

A platter of Italian flavours: Parma ham, Napoli salami, Buffalo mozzarella from Campania, semi-dried Sicilian tomatoes, black olives and home made grilled ciabatta with chopped seasoned tomato.

### FUNGHI PANATI (v) 7.95

Breaded mushrooms deep fried, served with home made garlic allioli and mixed leaf salad.

### BRUSCHETTA PEPERONATA 7.45

Homemade bread topped with red peppers, tomato sauce, goat's cheese, served hot.

### BRUSCHETTA POMODORO (v) 6.95

Chargrilled home made ciabatta with vine ripened tomatoes, basil with garlic drizzled with extra virgin olive oil.

### CROSTINI AL CAPRINO (v) 6.95

Oven baked home made ciabatta and goats cheese, served with mixed leaf salad and drizzled with balsamic and extra virgin olive oil.

### ZUPPA DEL GIORINO (v) 6.45

Home made soup - Ask staff for details.

## PASTA

### PENNE ARRABBIATA (v) 10.75

Penne pasta in a spicy tomato sauce with chilli and baby plum tomatoes finished with garlic oil and basil.

### SPAGHETTI BOLOGNESE 12.75

Spaghetti with a rich, slowly braised minced beef, red wine, onion, tomato and herb ragu.

### SPAGHETTI CARBONARA 11.95

Spaghetti with pancetta, cream and parley finished with parmesan cheese.

### LASAGNA 13.25

Layers of pasta, minced meat, bechamel sauce, tomato sauce and mozzarella baked in the oven the Italian way.

### CANNELLONI (v) 12.45

Pasta filled with ricotta, fresh spinach and parmesan topped with tomato sauce and mozzarella and baked in the oven.

### LINGUINE ALEGRO 14.95

Linguine pasta served with pancetta, prawns, chilli butter, and sundried tomatoes.

### CASARECCIA POLLO PICCANTE 13.95

Cassareccia pasta with spicy chicken in a creamy sauce with tomatoes and spinach, finished with Parsley.

### LINGUINE ALLA PESCATORA 15.95

Linguine with sauteed tiger prawns, mussels in white wine, garlic, chilli and tomato sauce.

### PENNE DELLA CASA 13.95

Creamy penne pasta with chicken, mushrooms, roasted peppers topped with parmesan cheese and baked in oven

## RISOTTO

### RISOTTO AL FRUTTI DI MARE 15.95

Classic southern Italian risotto of mussels, prawns and king prawn with tomatoes, chilli, garlic and parsley.

### RISOTTO VERDURE 14.95

Creamy risotto of freshly grilled asparagus, broad beans, peas, zucchini, green beans, spinach, mint and parmesan.

### RISOTTO PORCINI 14.75

Porcini Mushroom risotto in a creamy sauce, contains butter, and finished with truffle oil.

GLUTEN FREE MENU AVAILABLE ON REQUEST.

PLEASE INFORM YOUR SERVER OF ANY ALLERGIES OR INTOLERANCES.

## CARNE E GRILL

### ANATRA AL FORNO 17.25

Oven baked Dug leg, served in homemade gravy, herbs, thyme, served with crushed potato and green beans.

### SALMONE CON LENTICCHIE 17.95

Roasted fillet of salmon wrapped in Parma ham on a bed of lentils, with spinach, green beans and honey and mustard dressing.

### POLLO PROSCIUTO CRUDO 18.75

Pan fried chicken breast, wrapped in parma ham, blue cheese, and served with chips and green beans.

### POLLO CON FUNGHI 16.95

Chargrilled chicken breast, creamy mushroom sauce and roasted new potatoes, served with mixed leaf salad.

### BRANZINO BASILICO 17.25

Pan-fried sea bass served with basil crushed potatoes baby plum tomato and olives finished with fresh basil and olive oil

### BISTECCA £21.95

West Country 28 day matured sirloin steak marinated in rosemary and served with chips and a choice of sauces.

- \* Peppercorn Sauce \* Mushroom Sauce
- \* Dolce Latte Sauce

## LIGHTER MAINS

(All dishes are under 600 calories)

### TEGAMMACCIO 17.95

Fish Stew with mussels, king prawns, tiger prawns, sea bass, in a tomato, capers and olive sauce. Served with home made grilled ciabatta.

### INSALATA DI POLLO 13.95

Chargrilled chicken breast, lettuce, croutons, smoked pancetta, cherry tomatoes, parmesan cheese and caesar dressing.

### TAGLIATA DI MANZO 18.75

Finely sliced chargrilled sirloin steak served with mixed leaf salad, spinach, green beans, tomato and parmesan drizzled with balsamic dressing.

### INSALATA SALMONE 16.95

Oven baked salmon on a bed of baby leaf salad, spinach with green beans, sun dried tomatoes, parmesan shavings, drizzled with salsa verde.

### INSALATA DI ANATRA 16.45

Slow cooked duck with baby leaf salad, sliced oranges, and served with madiera sauce.

## PIZZE

### MARGHERITA (v) 10.75

Tomato, mozzarella, fresh basil and garlic oil.

### FIorentina (v) 12.75

Tomato, mozzarella, spinach, egg and olives finished with more spinach, parmesan shavings and garlic oil.

### SAN REMO 13.95

Tomato, mozzarella, prawns, anchovies, red onion, chilli, garlic oil and finished with rocket.

### QUATTRO FORMAGGI (v) 13.95

Tomato, mozzarella, goats cheese, gorgonzola, finished with parmesan shavings.

### COTTO 12.95

Tomato, mozzarella, Italian cooked ham, flat field mushrooms, black olives and garlic oil.

### PICCANTE 13.45

Tomato, mozzarella, spicy salami, roasted peppers and garlic oil.

### TROPICAL 12.75

Tomato, mozzarella, Italian cooked ham and pineapple finished with garlic oil.

### VEGETARIAN (v) 12.95

Tomato, mozzarella, sweetcorn, mushrooms, peppers, red onion, olives and finished rocket finished with garlic oil.

### PARMA 14.25

Tomato, buffalo mozzarella, finished with rocket Parma ham and parmesan shavings.

### CAPRINO 12.75

Tomato, mozzarella, goats cheese, red peppers, red onion, finished with garlic oil and oregano.

### SOFIA 13.95

Tomato, mozzarella, chicken, pepperoni, cotto ham and fresh chilli finished WITH ROSEMARY AND GARLIC OIL

### CALZONE CARNE 15.95

Folded pizza with tomato, mozzarella, bolognese, spicy marinated chicken, chilli, mushrooms and peppers. Served with mixed salad.

TURN ANY PIZZA INTO CALZONE WITH A SALAD FOR £2.75

## SIDES

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|-------------------------|-------|
| CHIPS                   | £3.45 |
| GREEN BEANS             | £3.65 |
| MIXED SALAD             | £3.65 |
| ROASTED NEW POTATOES    | £3.45 |
| TOMATO AND BASIL SALAD  | £3.65 |
| ROCKET & PARMESAN SALAD | £3.95 |

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| GREEN SALAD       | £3.65 |
| GARLIC SPINACH    | £4.25 |
| DOLCE LATTE SAUCE | £3.25 |
| MUCHROOM SAUCE    | £3.25 |
| PEPPERCORN SAUCE  | £3.25 |