

NIBBLES

MARINATED MIXED OLIVES 4.75

BREAD AND OLIVES 6.75

Olives, selection of home made breads served with olive oil and balsamic vinegar mix.

AGLIO(v) 5.55

Flat bread with garlic oil and rosemary.

AGLIO WITH CHEESE 6.25

Flat bread with mozzarella, garlic oil and rosemary.

PESTO(v) 5.95

Flat bread with tomato sauce and home made basil pesto.

ANTIPASTI

CALAMARI 8.65

Breadcrumbs squid rings served with mixed leaf salad, chilli glaze, garlic mayonnaise and fresh lemon.

TRICOLORE(v) 6.75

Buffalo mozzarella, vine ripened tomatoes and avocado, basil and extra virgin olive oil.

INSALATA SPINACH 6.95

Crispy pancetta and parmesan on fresh spinach leaves, avocado, and semi-dried sicilian tomatoes drizzled with a honey and mustard dressing.

GAMBERONI 9.45

Sauteed king prawns with garlic, white wine, chilli butter and parsley served with home made garlic brushed ciabatta bread

ANTIPASTO 8.95

A platter of Italian flavours: Parma ham, Napoli salami, Buffalo mozzarella from Campania, semi-dried Sicilian tomatoes, black olives and home made grilled ciabatta with chopped seasoned tomato.

FUNGHI PANATI (v) 7.95

Breaded mushrooms deep fried, served with home made garlic allioli and mixed leaf salad.

BRUSCHETTA PEPERONATA 7.45

Homemade bread topped with red peppers, tomato sauce, goat's cheese, served hot.

BRUSCHETTA POMODORO (v) 6.95

Chargrilled home made ciabatta with vine ripened tomatoes, basil with garlic drizzled with extra virgin olive oil.

CROSTINI AL CAPRINO (v) 6.95

Oven baked home made ciabatta and goats cheese, served with mixed leaf salad and drizzled with balsamic and extra virgin olive oil.

ZUPPA DEL GIORINO (v) 6.45

Home made soup - Ask staff for details.

PASTA

PENNE ARRABBIATA (v) 10.75

Penne pasta in a spicy tomato sauce with chilli and baby plum tomatoes finished with garlic oil and basil.

SPAGHETTI BOLOGNESE 12.75

Spaghetti with a rich, slowly braised minced beef, red wine, onion, tomato and herb ragu.

SPAGHETTI CARBONARA 11.95

Spaghetti with pancetta, cream and parley finished with parmesan cheese.

LASAGNA 13.25

Layers of pasta, minced meat, bechamel sauce, tomato sauce and mozzarella baked in the oven the Italian way.

CANNELLONI (v) 12.45

Pasta filled with ricotta, fresh spinach and parmesan topped with tomato sauce and mozzarella and baked in the oven.

LINGUINE ALEGRO 14.95

Linguine pasta served with pancetta, prawns, chilli butter, and sundried tomatoes.

CASARECCIA POLLO PICCANTE 13.95

Cassareccia pasta with spicy chicken in a creamy sauce with tomatoes and spinach, finished with Parsley.

LINGUINE ALLA PESCATORA 15.95

Linguine with sauteed tiger prawns, mussels in white wine, garlic, chilli and tomato sauce.

PENNE DELLA CASA 13.95

Creamy penne pasta with chicken, mushrooms, roasted peppers topped with parmesan cheese and baked in oven

RISOTTO

RISOTTO AL FRUTTI DI MARE 15.95

Classic southern Italian risotto of mussels, prawns and king prawn with tomatoes, chilli, garlic and parsley.

RISOTTO VERDURE 14.95

Creamy risotto of freshly grilled asparagus, broad beans, peas, zucchini, green beans, spinach, mint and parmesan.

RISOTTO PORCINI 14.75

Porcini Mushroom risotto in a creamy sauce, contains butter, and finished with truffle oil.

GLUTEN FREE MENU AVAILABLE ON REQUEST.

PLEASE INFORM YOUR SERVER OF ANY ALLERGIES OR INTOLERANCES.

CARNE E GRILL

ANATRA AL FORNO 17.25

Oven baked Dug leg, served in homemade gravy, herbs, thyme, served with crushed potato and green beans.

SALMONE CON LENTICCHIE 17.95

Roasted fillet of salmon wrapped in Parma ham on a bed of lentils, with spinach, green beans and honey and mustard dressing.

POLLO PROSCIUTO CRUDO 18.75

Pan fried chicken breast, wrapped in parma ham, blue cheese, and served with chips and green beans.

POLLO CON FUNGHI 16.95

Chargrilled chicken breast, creamy mushroom sauce and roasted new potatoes, served with mixed leaf salad.

BRANZINO BASILICO 17.25

Pan-fried sea bass served with basil crushed potatoes baby plum tomato and olives finished with fresh basil and olive oil

BISTECCA £21.95

West Country 28 day matured sirloin steak marinated in rosemary and served with chips and a choice of sauces.

- * Peppercorn Sauce * Mushroom Sauce
- * Dolce Latte Sauce

LIGHTER MAINS

(All dishes are under 600 calories)

TEGAMMACCIO 17.95

Fish Stew with mussels, king prawns, tiger prawns, sea bass, in a tomato, capers and olive sauce. Served with home made grilled ciabatta.

INSALATA DI POLLO 13.95

Chargrilled chicken breast, lettuce, croutons, smoked pancetta, cherry tomatoes, parmesan cheese and caesar dressing.

TAGLIATA DI MANZO 18.75

Finely sliced chargrilled sirloin steak served with mixed leaf salad, spinach, green beans, tomato and parmesan drizzled with balsamic dressing.

INSALATA SALMONE 16.95

Oven baked salmon on a bed of baby leaf salad, spinach with green beans, sun dried tomatoes, parmesan shavings, drizzled with salsa verde.

INSALATA DI ANATRA 16.45

Slow cooked duck with baby leaf salad, sliced oranges, and served with madiera sauce.

PIZZE

MARGHERITA (v) 10.75

Tomato, mozzarella, fresh basil and garlic oil.

FIorentina (v) 12.75

Tomato, mozzarella, spinach, egg and olives finished with more spinach, parmesan shavings and garlic oil.

SAN REMO 13.95

Tomato, mozzarella, prawns, anchovies, red onion, chilli, garlic oil and finished with rocket.

QUATTRO FORMAGGI (v) 13.95

Tomato, mozzarella, goats cheese, gorgonzola, finished with parmesan shavings.

COTTO 12.95

Tomato, mozzarella, Italian cooked ham, flat field mushrooms, black olives and garlic oil.

PICCANTE 13.45

Tomato, mozzarella, spicy salami, roasted peppers and garlic oil.

TROPICAL 12.75

Tomato, mozzarella, Italian cooked ham and pineapple finished with garlic oil.

VEGETARIAN (v) 12.95

Tomato, mozzarella, sweetcorn, mushrooms, peppers, red onion, olives and finished rocket finished with garlic oil.

PARMA 14.25

Tomato, buffalo mozzarella, finished with rocket Parma ham and parmesan shavings.

CAPRINO 12.75

Tomato, mozzarella, goats cheese, red peppers, red onion, finished with garlic oil and oregano.

SOFIA 13.95

Tomato, mozzarella, chicken, pepperoni, cotto ham and fresh chilli finished WITH ROSEMARY AND GARLIC OIL

CALZONE CARNE 15.95

Folded pizza with tomato, mozzarella, bolognese, spicy marinated chicken, chilli, mushrooms and peppers. Served with mixed salad.

TURN ANY PIZZA INTO CALZONE WITH A SALAD FOR £2.75

SIDES

CHIPS	£3.45
GREEN BEANS	£3.65
MIXED SALAD	£3.65
ROASTED NEW POTATOES	£3.45
TOMATO AND BASIL SALAD	£3.65
ROCKET & PARMESAN SALAD	£3.95

GREEN SALAD	£3.65
GARLIC SPINACH	£4.25
DOLCE LATTE SAUCE	£3.25
MUCHROOM SAUCE	£3.25
PEPPERCORN SAUCE	£3.25